



SHELTON SENIOR CITIZENS CENTER

81 WHEELER STREET
SHELTON, CONNECTICUT 06484
WWW.CITYOFSHELTON.ORG

PHONE: (203) 924-9324

DAILY INFORMATION LINE: x-1550

GENERAL INFORMATION & RESERVATIONS: x-1551

DOREEN: x-1450

SHAUNA: x-1451

GINA: x-1452

DIANE/SHARON: x-1453

KATHY: x-1454

DECEMBER 2025

VOL.55 NO.12

Doreen Laucella

Director of Senior Services / Municipal Agent For The Elderly

The Shelton Senior Center Team

Shauna, Gina, Diane, Sharon, Kathy

Custodians - Chris & Michelle

Dear Shelton Senior Center Friends,

It is hard to believe 2025 is coming to an end! What an amazing and fun filled year we have had. Looking forward to what awaits in 2026. We would like to wish all our members a very Merry Christmas and Happy Holiday Season!

This month is busy busy busy. We are collecting toys for TEAM Toys for Kids. Please bring an unwrapped toy for any age child. We also are collecting food for the St. Vincent de Paul Food Pantry. The season is the reason for opening your hearts to those in need. This is the month for giving with kindness.

Starting January 1st, all memberships must be renewed. Shelton memberships can be renewed at any time. Out of town members have a grace period until March 1, 2026 to renew or your membership will expire. Our out of town waitlist will then be called upon depending on the number or renewals/vacancies.

We will be bringing in the New Year celebrating the holiday season on Friday, January 9th at 12:00pm. A catered lunch, music by Craig Colistro and dancing the afternoon away. Tickets are \$15.00pp and will go on sale December 1st until sold out. Look forward to seeing you all there!

Wishing everyone a healthy holiday season!

Kind Regards, Doreen

LUNCH SERVICE

Lunch is served cafeteria style, from 11:45am to 12:15pm. The cost for lunch is \$5.00, on a reservation basis. Daily additional items available for an extra charge at time of purchase. You must call and reserve lunch the day before OR register yourself on the sign up sheet located at the front desk the day before. Please no messages to be left on voicemail. Contact the Center during business hours and speak to a staff member to reserve. Weekly menus will be made available the Thursday prior, at the front desk and also announced on the daily information line. **No drop-in's for lunch. Reservations and lunch selections MUST be made THE DAY BEFORE.** If lunch is ordered and you do not cancel before 9:00am the day of, that lunch you will be responsible for paying. No exceptions for no shows.

DAY AND OVERNIGHT TRIPS

WHITE MOUNTAIN RESORT: December 3rd-5th. \$629.00-\$859.00pp.

MGM CASINO TRIP: December 4th. \$55.00pp.

KENNY & DOLLY TRIBUTE AT AQUA TURF: December 10th. \$129.00pp.

AMERICAN HERITAGE MUSEUM & LONGFELLOW'S WAYSIDE INN: December 17th. \$173.00pp.

RIVERDANCE 30 IN NEW JERSEY: March 7th. \$146.00pp.

PARADE OF NATIONS & VA INTERNATIONAL TATTOO 250: April 16th-19th. \$849.00pp.

BOBBY DARIN & FRANK SINATRA AT VILLA LOUISA: April 21st.. \$127.00pp.

NEWPORT RI, LUNCH & HARBOR COASTAL QUEEN CRUISE: May 1st. \$168.00pp.

SEVEN ANGELS THEATER "A GRAND NIGHT FOR SINGING": May 9th. \$149.00pp.

BEEGEES AT AQUATURF: May 14th. \$132.00pp.

ARUBA CRUISE: June 12th-21st. \$2,789.00 + pp.

CULINARY INSTITUTE OF AMERICA IN NEW YORK: June 25th. \$178.00pp.

TALL SHIPS BOSTON: July 12th. \$196.00pp.

ATLANTIC CITY NEW JERSEY & MAMMA MIA SHOW: July 22nd-24th. \$519.00pp.

SWITZERLAND AND ITALY: September 19th—28th. \$4,390.00 + pp.

WASHINGTON D.C.: October 10th-12th. \$609.00pp.

More details coming soon on the following destinations:

NYC Broadway Musical "The Outsiders", Cape Cod & Martha's Vineyard in August, 9/11 Museum & Ellis Island in August, Turkey Train Winnepesaukee Railroad in October, Radio City Christmas Spectacular in November, Nashville Tennessee Christmas in December, Newport RI Christmas Mansion Tour in December...and much more! Be sure to check our trip board at the Center daily this month. Register early, our trips sell out fast!

TRANSPORTATION

VALLEY TRANSIT: FREE transportation provided on Mondays, Wednesdays and Fridays to and from the Center. Please call 203-735-6408 to make your reservations.

CLASSES AND EVENTS

AARP: On **Tuesday, February 10th at 9:00am-1:00pm** we will be hosting AARP Driver Safety class. Call to reserve your seat. \$20.00 members and \$25.00 non-members.

AGE WELL: On **Wednesday, December 17th at 10:30am** will be here releasing stress and having fun "Scarf Dancing with Theresa." Limited Seats.

BINGO: Bingo is held on **Mondays, Wednesdays and Fridays at 12:30pm—3:00pm.** Fourteen game play, paper cards and one special card. **\$4.00.** Bring your own dabber.

BOOK CLUB (FRIDAY): This month's book is "The Gatekeepers " by Chris Whipple. It will be held on **Friday, December 12th at 11:00am.** Waitlist.

CHORUS CONCERT: Our very own Shelton Songsters will be here on **Friday, December 19th at 1:00pm** singing your favorite holiday hits. Light refreshments served. FREE.

CYBER SCAMMING SEMINAR: Newtown Savings Bank will be here on **December 11th at 10:00am,** to discuss "Cyber Scamming" and the ways you can be affected by it. Light refreshments. Please call to reserve your seat.

GINGERBREAD HOUSE WORKSHOP WITH YOUTH 2 YOUTH: The Shelton Youth 2 Youth Services will be here to lead a Gingerbread house making workshop with our Seniors, on **Monday, December 15th at 2:30pm.** Seats are limited and will fill up quickly! Reserve your seat today. FREE.

MATTER OF BALANCE: An 8-week program from Naugatuck Valley Health, designed to reduce the fear of falling and increase activity levels among older adults set to begin **Tuesday, January 13th from 9:00am-11:00am.** Limited seats. Register now at front desk.

MEDICARE SEMINAR: Last chance to get filled in on all the important information about Medicare. Kareen Collazo, with Senior Insurance Consultants will be here on **Tuesday, December 2nd at 10:00am.** Limited seats. Please call to reserve yours today.

MEN'S HAIRCUTS: Well known area barber Tom Baklik will be here two Thursday afternoons a month. Make appointment at front desk. \$15.00 per cut. This month on **Thursdays, December 4th & 18th from 12:30pm-2:30pm.**

NEW YEAR PARTY: We will be celebrating 2026 on **Friday, January 9th from 12:00pm-3:00pm.** Music by Craig Calistro. Lunch: Pork Roast, Potatoes, Vegetable, Roll, Dessert and Coffee. \$15.00per member. Tickets on sale December 1st.

NVHD FLU, RSV, SHINGLES AND COVID VACCINATIONS: Protect yourself and your family. Both vaccinations will be provided by the Naugatuck Valley Health Department on **Monday, December 1st at 10:00am.** Bring your insurance card with you to our Center. FREE with insurance. Insurances accepted Aetna, Anthem BC/BS, Cigna, Connecticutcare, Husky, Medicare Part B & United Healthcare.

SINGLES SOCIAL CLUB: Come join this active group to meet and mingle on **Tuesday, December 16th at 2:15pm.**

VALLEY PARISH NURSES: Griffin Hospital is on site to do blood pressure checks and various health screenings on **Wednesday, December 3rd from 10:30am-12:30pm.**

VETERAN AFFAIRS: State of CT Veteran Affairs will be here to meet with our Vets. Mary will be available to discuss all matters with you on **Thursday, December 11th at 10:00am.**

YOUNG TECHS FOR SENIORS: Having problems with your modern technology? Come see these highly knowledgeable students on **Tuesday, December 9th at 2:30pm.** Bring them your devices, iPhone, cell phones, iPad, Chromebook, laptops,etc. and they will help you understand how to operate.

DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1.) 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Move-It 10:00: Vaccinations 10:30: Wii Bowling 10:30: Ballroom Cardio 11:45-12:15: Lunch 12:30: Low Impact 12:30: Bingo 12:30: Toning w/Cheryl 1:00: Painting 1:30: Low Impact 1:30: Rummikub New Year Party Tickets go on Sale	2.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess 9:30: Bridge 10:00: Medicare Seminar 10:00: Ceramics 10:00: Strength Train 11:45-12:15: Lunch 12:30:Knit & Crocheting 12:30: Mahjong 12:30: Ballroom Aerobics 1:00: Italian Class 1:30: Step and Tone	3.) WHITE MOUNTAIN 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Zumba Gold 10:00: Quilting 10:00: Arts & Crafts 10:30:Valley Parish Nurse 10:30: Tai Chi 10:30: Cardio Dancing 11:45-12:15: Lunch 12:30: Line Dance 12:30: Low Impact 12:30: Mahjong 12:30: Bingo 1:00: Pinochle 1:30: Low Impact 1:30-3: Food Truck 2:15: Chorus	4.) MGM CASINO 8:30-3:30: Billiards 8:45:Strength Train 9:00: Chess/Cards 10:00: Square Dancing 10:00:Strength Train 10:00:Int. Bridge Lessons 11:00: Strive/Move Better 11:45-12:15: Lunch 12:30: Men's Haircuts 12:30: Variety Games 1:00: Chair Yoga 1:00: Bridge 1:00: Cards 1:00: Scrabble 1:30: Step & Tone 2:30: Cardio Lite	5.) 8:00: Walking Club 8:30-3:30: Billiards 9:00: Exercise 1 9:30: Toning w/Cheryl 9:30: Cyber Comp. Club 9:30: Pinochle 10:00: Dominoes 11:45-12:15: Lunch 12:30:Pound Fitness 12:30: Low Impact 12:30: Bingo 1:30: Low Impact
8.) 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Move-It 10:30: Wii Bowling 10:30: Ballroom Cardio 11:45-12:15: Lunch 12:30: Low Impact 12:30: Bingo 12:30: Toning w/Cheryl 1:00: Painting 1:30: Low Impact 1:30: Rummikub	9.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess 9:30: Bridge 10:00: Ceramics 10:00: Strength Train 11:45-12:15: Lunch 12:30:Knit & Crocheting 12:30: Mahjong 12:30: Ballroom Aerobics 1:00: Italian Class 1:30: Step and Tone 2:30: Young Techs 3:00: Committee Meeting	10.) AQUATURF 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Zumba Gold 10:00: Quilting 10:00: Arts & Crafts 10:30: Tai Chi 10:30: Cardio Dancing 11:45-12:15: Lunch 12:30: Line Dance 12:30: Low Impact 12:30: Mahjong 12:30: Bingo 1:00: Pinochle 1:30: Low Impact 1:30-3: Food Truck 2:15: Chorus	11.) 8:30-3:30: Billiards 8:45:Strength Train 9:00: Chess/Cards 10:00: Square Dancing 10:00:Strength Train 10:00: Veteran Affairs 10:00: Cyber Scamming 10:00: Int. Bridge Lessons 11:00: Strive/Move Better 11:45-12:15: Lunch 12:30: Variety Games 1:00: Chair Yoga 1:00: Bridge 1:00: Cards 1:00: Scrabble 1:30: Step & Tone 2:30: Cardio Lite	12.) 8:00: Walking Club 8:30-3:30: Billiards 9:00: Exercise 1 9:15: Exec. Board Meeting 9:30: Toning w/Cheryl 9:30: Cyber Comp. Club 9:30: Pinochle 10:00: Dominoes 10:00: Membership Meeting 11:00: Book Club 11:45-12:15: Lunch 12:30: Pound Fitness 12:30: Low Impact 12:30: Bingo 1:30: Low Impact
15.) 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Move-It 10:30: Wii Bowling 10:30: Ballroom Cardio 11:45-12:15: Lunch 12:30: Low Impact 12:30: Bingo 12:30: Toning w/Cheryl 1:00: Painting 1:30: Low Impact 1:30: Rummikub 2:30: Gingerbread House Workshop w/ Youth2Youth 	16.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess 9:30: Bridge 10:00: Ceramics 10:00:Strength Train 11:45-12:15: Lunch 12:30:Knit & Crocheting 12:30: Mahjong 12:30: Ballroom Aerobics 1:00: Italian Class 1:30: Step and Tone 2:15: Singles Social Club	17.) WAYSIDE INN 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Zumba Gold 10:30: Age Well 10:00: Quilting 10:00: Arts & Crafts 10:30: Tai Chi 10:30: Cardio Dance—No Class 11:45-12:15: Lunch 12:30: Line Dance 12:30: Low Impact 12:30: Mahjong 12:30: Bingo 1:00: Pinochle 1:00: Book Club—No Meeting 1:30: Low Impact 1:30-3: Food Truck 2:15: Chorus	18.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess/Cards 10:00: Square Dancing 10:00: Strength Train 10:00: Int. Bridge Lessons 11:00: Strive/Move Better 11:45-12:15: Lunch 12:30: Variety Games 12:30: Men's Haircuts 1:00: Chair Yoga 1:00: Bridge 1:00: Cards 1:00: Scrabble 1:30: Step & Tone 2:30: Cardio Lite	19.) 8:00: Walking Club 8:30-3:30: Billiards 9:00: Exercise 1 9:30: Toning w/Cheryl 9:30: Cyber Comp. Club 9:30: Pinochle 10:00: Dominoes 11:45-12:15: Lunch 1:00: Chorus Concert
22.) 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Move-It 10:30: Wii Bowling 10:30: Ballroom Cardio 11:45-12:15: Lunch 12:30: Low Impact 12:30: Bingo 12:30: Toning w/Cheryl 1:00: Painting 1:30: Low Impact 1:30: Rummikub	23.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess 9:30: Bridge 10:00: Ceramics 10:00:Strength Train 11:45-12:15: Lunch 12:30:Knit & Crocheting 12:30: Mahjong 12:30: Ballroom Aerobics 1:00: Italian Class 1:30: Step and Tone	24.) 8:30: Billiards 9:00: Exercise 1 9:00: Zumba Gold—No Class 10:00: Quilting 10:00: Arts & Crafts 10:30: Tai Chi—No Class 10:30: Cardio Dance—No Class	25.) CLOSED 	26.) 8:00: Walking Club 8:30-3:30: Billiards 9:00: Exercise 1 9:30: Toning w/Cheryl 9:30: Cyber Comp. Club 9:30: Pinochle 10:00: Dominoes
29.) 8:30-3:30: Billiards 9:00: Exercise 1 9:00: Move-It 10:30: Wii Bowling 10:30: Ballroom Cardio 11:45-12:15: Lunch 12:30: Low Impact 12:30: Bingo 12:30: Toning w/Cheryl 1:00: Painting 1:30: Low Impact 1:30: Rummikub	30.) 8:30-3:30: Billiards 8:45: Strength Train 9:00: Chess 9:30: Bridge 10:00: Ceramics 10:00:Strength Train 11:45-12:15: Lunch 12:30:Knit & Crocheting 12:30: Mahjong 12:30: Ballroom Aerobics 1:00: Italian Class 1:30: Step and Tone	31.) 8:30: Billiards 9:00: Exercise 1 9:00: Zumba Gold—No Class 10:00: Quilting 10:00: Arts & Crafts 10:30: Tai Chi—No Class 10:30: Cardio Dance—No Class	HOURS 8:30AM – 4:00PM PLEASE CALL OUR INFORMATION LINE DAILY FOR UP TO DATE INFORMATION AND SCHEDULE CHANGES. (203) 924-9324 EXT: 1550	PLEASE NOTE: WAITLIST CLASSES MOVE-IT STRENGTH TRAIN ZUMBA GOLD BOOK CLUB-FRIDAY 



JOY
BELLS
BOW
GIFT
TOYS
CAROL
JINGLE
SANTA
CHEER
NOEL
CHIMNEY
COOKIES
TINSEL

MILK
DINNER
EGGNOG
ELF
FAMILY
FIGURINE
PEACE
CARROTS
GARLAND
CANDLES
GIVING
WINTER
STAR

GREEN
WREATH
HOLIDAY
CARDS
FROSTY
JOLLY
ANGELS
LIGHTS
MERRY
SILVER
NATIVITY
FESTIVAL
SLED

TREE
SLEIGH
ORNAMENT
SEASON
PRESENTS
PUDDING
RED
RIBBON
RUDOLPH
STOCKING
FIREPLACE
HOLLY
SNOW

DECEMBER
NUTCRACKER
CELEBRATE
CHESTNUTS
MISTLETOE
TRADITIONS
GREETINGS
REINDEER

